



St Nicholas of Myra Catholic Parish



The Solemnity of the Most Holy Trinity - Year A 30 / 31 May 2026



Baptise them in the name of the Father and of the Son and of the Holy Spirit
Matthew 28:19

GOSPEL REFLECTION

The readings selected for Trinity Sunday provide an opportunity to reflect on the nature of God. Over recent weeks, we have celebrated the Ascension and Pentecost – both of which reveal something about the nature of God through Jesus and the Spirit. Trinity Sunday is an opportunity to celebrate the unity of God whom we acknowledge as Father, Son and Spirit. Today’s gospel reminds us that there is a seamless continuity between the different experiences of God. Although we sometimes regard the God of the Old Testament as judging and vengeful, today reminds us that God is, was, and always will be a God of love. The gospel reminds us that ‘God loved the world so much that he gave his only Son.’ Love is the characteristic of God that is experienced as Father, Son and Spirit. God loved the world into being and loved the people so much that God made a covenant relationship with them and repeatedly drew them back into that relationship when they strayed. God loved the world and the people so much that God became physically present through Jesus as yet another attempt to draw all people into an awareness of the loving relationship God desired for them. When Jesus could no longer remain a physical presence in the world, God’s Spirit became more evident to continue the work of drawing people into that loving relationship with God.

Rather than focusing on the mystery of the Trinitarian God, today is an opportunity to marvel at the single-mindedness of God who is so determined to reveal the length and breadth of God’s love to us. That revelation has been made manifest in different ways throughout time but remains constant and unchanging.

Historical Context – We believe...

The teaching on the Trinity was not formally constructed until the 4th Century and was documented in the creed that emerged from the Council of Nicaea. The Creed that is said today in the Sunday liturgy is a version of that original Nicene Creed. The Nicene Creed spells out Christian beliefs about the nature of God, Jesus and the Spirit and was worded very carefully to negate a variety of heretical views that were held at the time. It is as much a statement about what we do not believe as it is a statement about what we do believe!

Scriptural context – Trinity

At no point in the New Testament is the term ‘Trinity’ used. That understanding of the nature of God came much later. However, there are a number of scriptural references that led to this theological understanding. The Annunciation, the baptism of Jesus and the great commissioning of the disciples to baptise in the name of the Father, Son and Holy Spirit are all examples of the three persons of God being recognised or active in the gospels. Today’s second reading shows St Paul using the three experiences of God as a blessing of the people of Corinth.

Living the Gospel – Sign of the Cross

Every time we bless ourselves or begin prayer with the sign of the cross, we reaffirm our belief in the Trinity. That seemingly simple prayer, ‘In the name of the Father, and of the Son, and of the Holy Spirit,’ is, in fact, a confirmation of our belief in a triune God – three in one. The earliest use of the sign of the cross only involved tracing a small cross with the thumb or finger on the forehead as it is still done in baptisms or blessings today. Later, describing the shape of the cross on forehead, abdomen and shoulders became the common practice.

Questions for Adults

Q. What images or characteristics do you ascribe to the three different experiences of God?

Q. In what ways do your prayers to Father, Son or Spirit differ?

Q. Which images or symbols of Trinity do you find helpful and which ones are unhelpful for you?

✍ Greg Sunter
© Liturgy Help 2026
Image Credit: Liturgy Help 2026

PARISH OFFICE

Office Hour: Monday - Friday 9 am - 5 pm
Lunch: 1pm – 1.30pm (*Office closed*)
Telephone: (02) 4721 2509
Email: enquiries@stnicholasofmyra.org.au
Website: www.stnicholasofmyra.org.au
Facebook: @SNOMPerrith
Parish Emergency Numbers:
4732 3039 or 0416 910 334

PARISH PRIESTS AND DEACON

Parish Priest: Fr Joe Manjaly
E: joe@stnicholasofmyra.org.au
Assistant Priest: Fr Rojan George
E: rojan.cheriyadan@parracatholic.org
Deacon: Wilfredo (Willy) Limjap
Nepean Hospital Chaplain:
Fr Zvonimir Gavranovic
E: Zvonimir.Gavranovic@parracatholic.org

STAFF

Office Manager: Rodney Howard (M, Th, F)
E: parishmanager@stnicholasofmyra.org.au
Admin Assistant: Sharon Clarke (Th, F)
E: reception@stnicholasofmyra.org.au
Sacramental Coordinator: Rodney Howard (T,W)
E: sacramental@stnicholasofmyra.org.au
Catechists Coordinator: Margaret Wilson
E: catechist@stnicholasofmyra.org.au
Volunteer Admin Support: Margaret Cobden
RCIA Coordinators: Allan & Josephine Linga
E: enquiries@stnicholasofmyra.org.au

ORGANISATIONS

St Vincent de Paul

Hub: 8861 9770

Catholic Care

E: enquiries@ccss.org.au
02 8843 2500

PARISH SCHOOLS

St Nicholas Primary Ph: 4752 3300
Principal : Miss Kirsty Reynolds
St Mary Mackillop Primary Ph: 4724 3200
Principal: Mr. Scott Buchan

PARISH NEWS

RECENTLY DECEASED

Please pray for the repose of the soul of

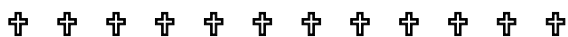
Rupert Morison

and for his family

His Requiem Mass will be held on

Thursday 4 June at 11am

Please pray for the repose of the soul of

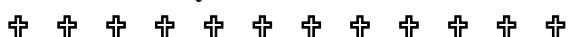


Baby Angelo Conde

and for his family

His Funeral Service will be held on

Friday 5 June at 9.30am



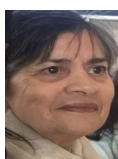
Please pray for the repose of the soul of

Ursula Gomez

and for her family

Her Requiem Mass will be held on

Tuesday 9 June at 11am



PRAYERS FOR OUR COMMUNITY

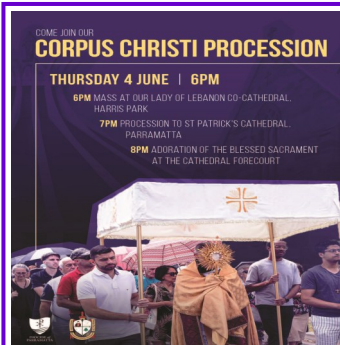
RECENTLY DECEASED: Rupert Morison, Baby Angelo Conde, Ursula Gomez, Louisa Emily Rosales,

DEATH ANNIVERSARIES: Francis Goh, Andrew Murdoch, Arthur Raymond Cram, Paul & Ann Chambers, Magda, Igmedio, Gacary & Narcisa Nierras. John Nierras, Arturo Capulso Delfin. Thomas Manjaly

DECEASED: Tania Felice, Margaret Mary Sullivan, John Nettar, Margaret Donnelly, Paul Borg, Godfrey Gomez

SICK:

Giselle Antoinette A, Mark Agar, Isabella Agius, Nicholas Agius, Jenet Arellano, Kimberley Balandra, Zig Barglik, Ralph Beck, Margaret Bell, Ingrid Bentham, Vicenta Bernante. Noel Bernardo, Alex Biana, Ivan Bracar, Karan Bradburn, Julie Brenner, Marianne Brigden, Aiden Burke, Ting Cecilia, Cliff, Mick C, Claudia & Alfredo Cabrera, Brenda & Ronwald Cadandy, Jose & Norma Calabetto, Aiden Campbell, George & Lena Caruana, Steven Clauser, John Cluney, Mark Cluney, Nad Coder, Dylan Conway, Christine Court, Elizabeth Dawson, Adelia Delapaz, Raymond D'Lima, Diana Dooley, Lou Doyle, Helen Dowling, Holland D'Souza, Debbie Dunn, Joe Farrugia, Peter Farrugia, Theo Fitzgerald, Sister Theresa Formosa, Cheyne Fynn, Robert Galino, Nancy Galon, Elwyn Geerin, Peter Gill, Tadeus Gwiazda, Olive Gyford, John Hill, Kellie Huggett, Kelly Ibram, Kellie Imray, Theresa Jordan, Danielle Kazare, Baby Alfred Knowles, Lara Langon, Baby Yuri Pavon Lara, Helen Lazarus, Ric Limjap, Nikola Ljubic, Mary Kukac, Josephine Magro, Melisa Maiseeh, Angelique Kara Manolis, Baby Capri Marshall, Nathan Martin, Sue Martin, Stanley Mascarenhas, Bryan & Kay McInerney, Moises Millena, Nympha Miller, Sandra Miller, Sydney Morris, Fr Chris Mithen CP, Tracy Mulla, Jacek Nawrot, Delia Nazal, Herminigilda & Donnel Nazel, Dianne Nelson, Eric Nepomuceno, Bruce Newham, Colleen Nolan, Maria Nyss, Zeny Oringo, Aurora Ostrea, Elsie Pajeta, Maria Pamen, Stuart Paterson, Marios Pericleous, Pam Pizzuto, Baby Harold Francis Eastman Reid, Ariane Robert, Herve Rochecousta, Luisa Emily Rosales, Trevor Rowe, Daniel Solomon Rowlands, Arren Samia, Norman Samuelu, Jason Sanderson, Brian Scott, Roseanne Shirley, Sabbir Siddique, Valentino Smiroleo, Lisa Sperineck, Brian Sullivan, Joe Tabone, Lorie Tabone, Alan Tago, Carmela Talos, Maria Tamer, Theresa M Taylor, Alicia Tecson, George Try, Robert Turner, Baby Charlotte Vella, Michael Vella, Darryl Von Bock, Susan Voros, Ron Vukovic, Edward Wagner, Milton Watts, David Wakeling, Heather Whitborn, Bob Wrightson, Connie Xerri, Baby Stella Maia Zanette, Michelle Zotz, Thomas Zotz.



The Diocese of Parramatta and the Maronite Eparchy are hosting a Eucharistic Procession through the streets of Parramatta on **Thursday 4th June from 7pm to 8pm.**

It would be wonderful for a Penrith parish group to be represented with our Parish banner/church photo as a sign of unity and faith. Please let us know if anyone is available to join the procession with our banner/photo. Parish office can arrange the photo/banner.

EUCCHARISTIC MIRACLE PRESENTATION

Our monthly Eucharistic Mircle Presentation will take place this **Thursday 4 June at 7pm in PMR1**. All are warmly invited to come, to deepen your faith, and grow in love for the Eucharist.



SAFEGUARDING NEWS

This coming week, **1 to 7 June**, the Diocese of Parramatta celebrates **Safe Parishes Week**. We have been celebrating Safe Parishes Week over the past 5 years. The Office for Safeguarding Parramatta would like to thank the Clergy, Parish Office staff, Safeguarding Champions and all volunteers in ministry who have worked to embed safe practices across each Parish.

The *Parramatta Way of Safeguarding*, developed in 2021, is a statement combining the voices of the community for the community.

Our Commitment to Safeguarding is guided by the words of Micah (6:8):

‘This is what the Lord asks of you: only this, to act justly, to love tenderly and to walk humbly with your God.’

See the Noticeboard in Foyer for an enlarged version of the Parramatta Way of Safeguarding.



PLANNED GIVING

We are grateful for your stewardship

FIRST COLLECTION goes to supporting the Priests of the Diocese.

BSB 067 950
Acct No 100003570
Acct Name Parramatta Diocesan Clergy
Reference 6029 [SURNAME]

SECOND COLLECTION goes to the support of the Parish

BSB 067 950
Acct No 100001692
Acct Name Penrith St Nicholas Catholic Church
Reference [ENVELOPE # OR SURNAME]

PARISH NEWS

Mass Readings for 6 / 7 June The Solemnity of the Most Body and Blood of Christ Year A

1st Reading	Deuteronomy 8: 2 - 3, 14 - 16
Responsorial Psalm	Psalm 147: 12 - 15, 19 - 20
2nd Reading	1 Corinthians 10: 16 - 17
Gospel	John 6: 51 - 58



Thank you for your generous support of the Bishop's Good Works Appeal. This Appeal supports Holy Spirit Seminary at Harris Park, helping form the future priests our Diocese will need in the years ahead.

Your kindness provides the education, spiritual formation, pastoral training and safe accommodation our seminarians need as they continue answering God's call. With your support, they are being formed to one day serve our parishes with faith, compassion and hope.

Please give generously at parracatholic.org/appeal or scan the QR code. Thank you.



Gifts over \$2.00 are tax deductible.

SACRAMENTAL PROGRAM FIRST HOLY COMMUNION 2026

PRACTICE / 2ND RITE OF RECONCILIATION

Tuesday 2 June 6.15pm

HOLY COMMUNION MASSES

103 of our children will be making their First Holy Communion next weekend at our Vigil, 10am Masses and at a special mass for first Holy communicants at 12pm.

Please be aware that there will be a larger number of people attending these masses next weekend.

Please continue to pray for these children and their families as they continue their Sacramental faith journey.

HEALING MASS

On the first Saturday of each month at the 9am Mass, we have an anointing of the sick and prayers for healing.

Please come and join us on **Saturday, 6 June.**

PENTECOST SUNDAY

We sincerely thank everyone who helped make our Pentecost celebrations so special. Your participation, generosity, and spirit of community made the occasion a joyful and meaningful one.

We especially acknowledge those who enriched the 10am Mass by reading parts of the liturgy in their native languages, adding a beautiful multicultural dimension to the celebration.

We also extend our gratitude to the Liturgy, Flowers, and Banner teams for the Altar decorations, the Hospitality team for preparing the fellowship after Mass; and the members of our community who shared food from their cultures.

Thank you all for helping create such a welcoming and memorable celebration.



The Parish will be taking photos during major liturgical celebrations and other events to promote the Parish mission and may use these photos in the Parish Bulletin, Facebook page or website. If you have any concerns please contact the Parish Office.

CALENDAR

Mon 1/6 St Justin Memorial	Tue 2/6	Wed 3/6 Sts Charles Lwanga & companions Memorial	Thu 4/6	Fri 5/6 St Boniface Memorial	Sat 6/6	Sun 7/6 The Most Holy Body and Blood of Christ Solemnity
9am Exposition of Blessed Sacrament and Rosary 9.30am Mass 7pm Baptism Preparation	6.45am Mass 9am Exposition of Blessed Sacrament and Rosary 9.30am Mass 10.30am Mother's who Pray for their Children 6.15pm Practice and 2nd Rite of Reconciliation for Holy Communion candidates 7pm Mother's who	9am Exposition of Blessed Sacrament and Rosary 9.30am Mass 11am Legion of Mary 7pm Mass followed by Novena of our Lady of Perpetual Help	9am Exposition of Blessed Sacrament and Rosary 9.30am Mass 11am Funeral Rupert Morison 7pm Corpus Christi Procession Haris Park to Parramatta 7pm Eucharistic Miracles Presentation PMR1 7pm Zumba	6.45am Mass 9.30am Funeral Baby Angelo Conde 10am Mass Mountainview 12.10pm: Mass followed by Divine Mercy Adoration	9am Healing Mass, Adoration and Reconciliation 11am Novena Mass for Our Lady of Penafrancia 5pm Reconciliation 6pm Mass - First Holy Communion	7am Mass 8.30am Mass 10am Mass - Children's Liturgy - First Holy Communion 12pm Mass First Holy Communion 6pm Mass

PARISH ROSTER 6 / 7 June 2026

IF YOU ARE UNABLE TO FULFIL YOUR MINISTRY IT IS YOUR RESPONSIBILITY TO ORGANISE A REPLACEMENT

	Acolyte MATA	Altar Servers	Community Rep	Reader	Eucharistic Ministers	Music	AV
Vigil	Jenny Hogan Brian Scott	Siona Sebastian Olivia Spain Lucas Besa	Del Conejar	Christine Besa	Deb Scott Bradley McGregor	AMDG Youth	Corey Gauci
7.00am	Alan Barnes Margaret Cobden	<i>Not required</i>	Agnes Suluape	Margaret Scicluna	Yvonne Baccan Mary-Stella Sultana	No Music	Vinta Jobin
8.30am	Manuel Credo Jnr Michael Tolentino	Manuel & Marco Credo	Mia Credo	Evette Isaaks	Peter Wheller Erik Deveza Lyn Olander Peter Wheller Peter Nematala	Jeffrey Mizzi	Phil Margerison
10.00am	Maryanto Josio Remy Wood	Zachary Christie Jadrian & Adrio Maheswaran	Joan Torres	Bonita Thomas	Carmen Vella Lillian Martinez	Jane Chifley	Sheldon Couto
6.00pm	Aish Sebastian Jose-Elmer Simeon	Angelo Aish Francis Obama	Daniel Whalen	Maria Baltazar	Lynda D'Lima Emma Clark	BNP Youth	BNP

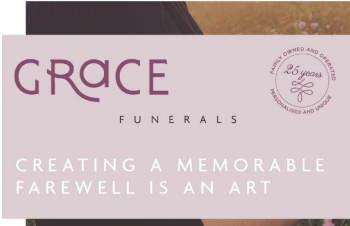
SUPPORT YOUR LOCAL BUSINESSES



LIGHTWATER
Plumbing & Electrical

A HANDY COMBINATION

<p>LIGHTWATER Plumbing Pty Ltd</p> <p>Joey Buttigieg 0432 147 251</p>	<p>LIGHTWATER Electrical Pty Ltd</p> <p>Chris Buttigieg 0412 569 739</p>
--	---



GRACE
FUNERALS

CREATING A MEMORABLE
FAREWELL IS AN ART

Our team is here to help.
First we listen, then we curate an authentic funeral for your loved one.

Call us today for an obligation-free conversation about
your funeral needs.

02 4735 6900 or info@gracefunerals.com.au
Penrith | Blue Mountains | North Shore

GRACEFUNERALS.COM.AU



NEPEAN VALLEY
FUNERALS

Traditional Care with Dignity & Respect

Tel: 4722 8222

Local family owned
and operated.
24hrs / 7 days

Shop 4
2-6 Castlereagh St
Penrith



Catholic Cemeteries
& Crematoria
Care, Compassion, Choice

Bateman Battersby | Complete Legal.

We invite members of the parish to take advantage of our legal services.

02 4731 5899
bbcl.com.au
enquiries@bbcl.com.au

+

Conveyancing and Property Law
Business and Commercial Law
Family Law
Wills & Deceased Estates
Disputes and Litigation
Criminal Law
Employment Law



Reflections
Funerals

John and
Sue Hibbert

For Family By Family

Locally Owned
02 4732 4440

www.reflectionsfunerals.com.au

Caring
Industry
Professionals

WHITE LADY
FUNERALS

Let our strength help you find yours.



Penrith | whiteladyfunerals.com.au



WHALE
BATHROOMS

Licence # 180584C

Quality Bathroom Renovations
Trustworthy & Friendly Service
25 Years' experience
Portable Bathroom Hire

0407417553 Free
47738700 Quotes

RE/MAX Lifestyle Marketing

Unlock Your Home's True Value!

Sell with Gizzelle
Get a **FREE** Market Appraisal

Multi Award Winning Agent: International | National | Local



INTERNATIONAL AWARD WINNER

2023 | 2022 | 2021 | 2020 | 2019

GLOBAL AWARD WINNER

2023 | 2022 | 2021 | 2020 | 2019

INTERNATIONAL AWARD WINNER

2023 | 2022 | 2021 | 2020 | 2019

GLOBAL AWARD WINNER

2023 | 2022 | 2021 | 2020 | 2019

RMA AGENT OF THE YEAR AWARDS
 2023 | Cambridge Park and Penrith
 2022 | Cambridge Park, Kingswood & Werrington
 2021 | Cambridge Park and Kingswood
 2020 | Penrith and Werrington
 2019 | Kingswood

Multi Award Winning Agency | SUBRUB WINNER
 2023 | Cambridge Park and Penrith
 2022 | Cambridge Park, St Marys and Werrington
 2021 | Cambridge Park, Kingswood & Penrith
 2020 | Cambridge Park and Penrith
 2017 | Claremont Meadows

Gizzelle Powell ☎ 0428 934 618 | 02 4732 6007
 gizzellepowell@remax.com.au 📍 233 High Street, Penrith, NSW

Scan QR code for more info.

