



St Nicholas of Myra Catholic Parish



**4TH SUNDAY OF ORDINARY TIME
Year B
28th January 2024**

PARISH OFFICE

Office Hour: Monday—Friday 9 am—5 pm

Lunch: 1pm - 1.30pm (*Office closed*)

Telephone: (02) 4721 2509

Email: enquiries@stnicholasofmyra.org.au

Website: www.stnicholasofmyra.org.au

Facebook: @SNOMPenrith

PARISH EMERGENCY NUMBER: 4732 3039

PARISH PRIESTS AND DEACON

Parish Priest: Fr Joe Manjaly

E: joe@stnicholasofmyra.org.au

Asst Priest: Fr Chinonye Akamadu

E: chuk.akamadu@parracatholic.org

Nepean Hospital Chaplain: Fr Porathur Joy (PJ)

Deacon: Wilfredo (Willy) Limjap

STAFF

Office Manager: Rodney Howard (M,Th, F)

E: manager@stnicholasofmyra.org.au

Admin Assistant: Sharon Clarke (Th, F)

E: reception@stnicholasofmyra.org.au

Sacramental Coordinator: Rodney Howard (T,W)

E: sacramental@stnicholasofmyra.org.au

Catechists Coordinator: Margaret Wilson

E: catechist@stnicholasofmyra.org.au

Volunteer Admin Support: Margaret Cobden

RCIA Coordinators: Allan & Josephine Linga

E: enquiries@stnicholasofmyra.org.au

Health & Safety Officer: Craig Walsh

P:0428 284 568

ORGANISATIONS

St Vincent de Paul

Hub: 8861 9770

Catholic Care

E: enquiries@ccss.org.au

PARISH SCHOOLS

St Nicholas Primary Ph; 4752 3300

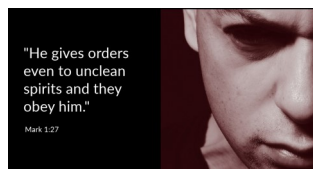
Principal : Mr. Tim Vane -Tempest

St Mary Mackillop Primary Ph; 4724 3200

Principal: Mr. Scott Buchan

GOSPEL REFLECTION

Although this week's gospel is a relatively short passage, there's a lot going on within it. Firstly, we are presented with Jesus going to the synagogue in Capernaum and teaching there. This immediately indicates that Jesus must have been quite well educated – he was obviously able to read from the Torah in Hebrew and then teach about it with an impressive level of authority. In fact at the end of the passage, the people seem more impressed with his teaching than with the act of casting out the unclean spirit! Secondly, in the interaction with the unclean spirit, it knows Jesus and identifies him as the 'Holy One of God'. Jesus sharply tells the spirit to 'Be quiet!' Jesus almost appears to want to silence the spirit before it says any more about who he really is. This is a feature of the gospel of Mark in which the identity of Jesus as the Messiah is kept under wraps but breaks out in unlikely places – known as the Messianic secret.



Whenever an exorcism miracle occurs in the gospels the emphasis is on the reaction to the miracle much more than the action itself. Here, the casting out of the unclean spirit appears to confirm for the people the authority that they sensed in the teaching of Jesus. Liberating the possessed man from the unclean spirit is an illustration of the way in which the people themselves were liberated by Jesus' teaching. It is the message, the teaching, of Jesus that frees people. It is in this way that his understanding of Messiah is revealed. Jesus wants people to come to that knowledge through understanding his message, rather than being impressed by miraculous actions.

Scriptural context – The Messianic Secret

A feature of the Gospel of Mark is an element of secrecy and confusion that surrounds Jesus' identity. He silences demons who would announce his identity and warns those he heals to be quiet about what has occurred. There is a real lack of understanding displayed by the disciples about who Jesus is. At one point, Jesus asks the disciples, 'who do you think I am?' They identify him as the Messiah but immediately demonstrate that they don't really understand what that means. The theme that runs through the gospel is a developing understanding of what it means that Jesus is the Messiah.

Gospel Focus – Exorcisms

This week's gospel features an exorcism by Jesus – driving an unclean spirit out of a possessed man. Some people read these acts of exorcism as being literally true. Others are keen to demonstrate that these 'possessions' described in the gospels are able to be explained by various manifestations of mental illness. The thrashing fits described in the gospels have been likened to epileptic seizures, and episodes of paranoia and schizophrenia might explain the first century understanding of possession. Rather than trying to justify or explain away these events, we must seek to understand the gospel writer's purpose in including such episodes.

✉ Greg Sunter
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Image Credit: Liturgy Help 2023

**NORMAL WEEKDAY MASS TIME RESUME FROM MONDAY
29th JANUARY**

PARISH NEWS

PARKING

For the safety of our parishioners especially children and the elderly, please **only park in the designated car parking space** in the carpark.



There are clear signs to indicate where **NOT** to park **particularly at the entrance to the carpark between the hall and PMR1**

PLEASE HELP KEEP EVERYONE SAFE



If you wish to place any material / pamphlets or objects in the Church foyer or on the noticeboards, you **MUST** get permission from the Parish Office first.

Image Credit: dreamstime.com

ALL UNAUTHORISED MATERIAL WILL BE REMOVED.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

RECENTLY DECEASED

Please pray for the repose of the soul of
Louis Berlecky

and for his family

His funeral service will be held on
Tuesday 30th January at 1.30pm

PRAYERS FOR OUR COMMUNITY

RECENTLY DECEASED: Louis Berlecky, Joseph Feghali, Jose De Borja, Maria del Carmen Bochi.

DEATH ANNIVERSARIES: Ada & James Thompson, Maria Relunia, Carmen Sultana, P.T. Thomas and all the Holy Souls in Purgatory.

DECEASED: Tania Felice, Margaret Mary Sullivan, Margaret Donnolley, John Nettar, Paul & Gino Vassallo, and all the Holy Souls in Purgatory.

SICK: Lyn O'Hare, Jose & Norma Calabetto, Claudia & Alfredo Cabrera, Ric Limjap, Elsie Pajeta, Karen Goderie, Christine Dagworthy, Connie Farrugia, Eneliko Tuliatu, Jim Fullerton, Denis Wiggins, Nathan Martin, Georgia Eleftheriades, Wilfredo Alcantara, Susan Voros, Bob Wrightson, Roseanne Shirley, Fr David Catteral, Kyla Aggar, George Try, AJ, Charlie Spiteri, Eric Nepomuceno, Peter Gale, Janice Cannon, Sabbir Siddique, Thomas Zotz, Peter Gill, Isabella Agius, Karan Bradburn, Aiden Burke, Elwyn Geerin, Helen Wakeling, Susan Wheelahan, Gregory Hurney, Marios Pericleous, Ivan Bracar, Daryle Young, Todd Soden, Connie Xerri, Maria Nyss, Lyn De Vos-Brocktoff, Nympha Miller, Robert Galino, Theresa Jordan, Nad Coder, Herve Rochecousta, Ariane Robert, Charles Tabone, Billy Downes, Heather Whitborn, Michael Vella, Stanley Mascarenhas, Trevor Rowe, Nicholas Agius, Baby Capri Marshall, Melisa Maiseeh, Tracy Mulla, Lou Doyle, Norm Heffernan, Lisa Sperineck, Roger Wilkom, Margaret Bell, Antonio Malicdem, Jenet Arellano, Marianne Brigden, Nancy Galon, Peter Farrugia, Tadeus Gwiazda, Danielle Kazare, Ting Cecila, Moises Millena, Olga Kiss, Sydney Morris, Thanda Manjaly, Adelia Delapaz, David Wakeling, Jane McCann, George and Lena Caruana and all who suffer from COVID-19.

SAFEGUARDING NEWS

It is everyone's responsibility to ensure that children and vulnerable adults in our community are safe. Therefore **all volunteers in our parish** need to complete the **Mandatory Safeguarding Training** Modules 1, 2, 3. It can be complete online or at face to face meetings.



Online training can be completed at any time by going to: **learning.safeguarding.org.au**.

For those who need to renew, Modules 4 and 5 will be offered in our Parish on 22nd and 29th of February at 7.00pm in the Hall.

TO REGISTER PLEASE CONTACT THE PARISH OFFICE OR

<https://parracatholic.org/safeguarding/training/> and click on a Cycle and Date that is convenient for you.

These modules can also be done online now if you wish .

For further information or help please contact Rodney Howard, the Parish Safeguarding Champion at the Parish office on 4721 2509 or manager@stnicholasofmyra.org.au

Liturgical Ministry Formation Courses 2024

This is formation for anyone interested in serving within the Liturgical Ministries either as Readers, Extraordinary Ministers of Communion, Communion to the Sick and Dying and Ministers at the Altar.

SESSIONS WILL BE HELD IN OUR PARISH AND ENROLMENT FORMS ARE AVAILABLE FROM THE PARISH OFFICE OR THE FOYER OF THE CHURCH. COMPLETED FORMS MUST BE RETURNED TO THE PARISH OFFICE FOR SIGNING BY THE 2nd OF FEBRUARY

HEALING MASS

On the 1st Saturday of each month at the 9am Mass, we have an anointing of the sick and prayers for healing. Please come and join us on **Saturday, 3rd February**.

VOLUNTEERS NEEDED

Penrith Soup Kitchen is looking for volunteers who can help on Mondays from 10.00am to 2.00pm. Please contact Cathy on 0412 623 723 if you can help.

PLANNED GIVING

We are grateful for your stewardship during these difficult times

FIRST COLLECTION goes to the Clergy Foundation

BSB	067 950
Acct No	100003570
Acct Name	Parramatta Diocesan Clergy
Reference	6029 [SURNAME DONATION]

SECOND COLLECTION goes to the support of the Parish

BSB	067 950
Acct No	100001692
Acct Name	Penrith St Nicholas Catholic Church
Reference	[ENVELOPE N# OR SURNAME]

PARISH NEWS



Fr PJ will be returning to India on the 15th February. He will celebrate the **10.00am mass on Sunday 11th February** at St Nicholas followed by morning tea. Please come along to say thank you for his years of service in the Parramatta Diocese especially here at St Nicholas of Myra and as Hospital Chaplain at Nepean Hospital.



Thank you to Fr Peter Wood who celebrated some masses for us over the past 2 weeks.



CHILDREN'S LITURGY

Our Children liturgy will recommence on **Sunday 4th February** at the 10.00am mass.

MOTHERS WHO PRAY FOR THEIR CHILDREN

This group has recommenced and meet **every Tuesday night at 7.00pm in PMR1**, all welcome.



Sacramental Program

Confirmation

Enrolments for the Sacrament of Confirmation will open on our website, stnicholasofmyra.org.au

on
Wednesday 31st January 2024

The website contains the requirements and commitments for parents and children and the all dates

*All enquiries to Rodney Howard
Ph:4721 2509*

Email: sacramental@stnicholasofmyra.org.au



We wish a very happy 92nd Birthday to

Stuart Paterson

for the **24th January**

Mass Readings for 3rd / 4th February 5th Sunday of Ordinary Time Year B

1st Reading	Job 7: 1 - 4, 6 - 7
Responsorial Psalm	Psalm 146: 1 - 6
2nd Reading	1 Corinthians 9: 16 - 19, 22 - 23
Gospel	Mark 1: 29 - 39

SAVE THE DATE

LENTEN REFLECTION

The Parish is organising a Lenten reflection for every minister in the Church. Participation is mandatory for all the following groups: Acolytes, Ministers at the Altar, Lectors, Commentators, Eucharistic Ministers, Minister to the Sick and Dying, Choir members, AV operators, Wardens, Catechists, Pastoral Council members, Finance Council members, Liturgy Committee members, Banner Group members. **However if you cannot attend due to circumstances, please inform us.**

Date: 16th March
Where: Winbourne, Mulgoa
Time: 10.00am - 2.00pm
Cost: \$30.00 includes morning tea and lunch. Parish will cover additional costs.

Guest speaker: Very Rev Peter G Williams, AM, VG

Registrations are now open.

All registration will be done through the Parish Office either by email, phone or in-person. Payment is to be made at the time of registration either by

- ⇒ **Cash**
- ⇒ **Direct Deposit**
 BSB: 067 950
 Acct No: 100001692
 Acct Name: Penrith St Nicholas Catholic Church
 Reference: LENTEN
- ⇒ **Credit Card** (in person or phone at Parish office)

If you have any dietary requirements please let office know when registering.

The Parish will be taking photos during major liturgical celebrations and other events to promote the Parish mission and may use these photos in the Parish Bulletin, Facebook page or website. If you have any concerns please contact the Parish Office.

CALENDAR

Mon 29/1	Tue 30/1	Wed 31/1 St John Bosco Memorial	Thu 1/2	Fri 2/2 The Presentation of the Lord Feast	Sat 3/2	Sun 4/2 5th Sunday of Ordinary Time
9.30am Mass	6.45am Mass 9.30am Mass 1.30pm Funeral: Louis Berlecky 7.00pm Mother's who Pray for their Children	9.30am Mass 11.00am Legion of Mary PMR1 6.30pm RCIA PMR1 7.00pm Mass	9.30am Mass	6.45am Mass 12.10pm Mass	9.00am Healing Mass, Adoration and Reconciliation 11.00am Mass Our Lady of Penafrancia 5.00pm Reconciliation 6.00pm Vigil Mass	7.00am Mass 8.30am Mass 10.00am Mass: Children's Liturgy 11.45 Baptisms 6.00pm Mass

PARISH ROSTER 3rd / 4th FEBRUARY 2024

If you are unable to attend the Mass please find a replacement.

	Acolyte MATA	Altar Servers	Community Rep	Reader	Eucharistic Ministers	Music	AV
Vigil	Joe Buttigieg Jenny Hogan	Lucas Besa	Sharon Falleiro	Del Conejar	Arts Calub Nerissa Calub	AMDG Youth	Josephine Linga
7.00am	Alan Barnes Anthony Ruzgas		Evette Isaaks	Yvonne Baccan	Ramon Bru Margaret Scicluna	No Music	Jose Valladores
8.30am	John Jordan Rodney Howard	Isaac Spiteri	Stuart Paterson	Peter Nematalla	Orlan Nugpo Carol Wright	Jeffrey Mizzi	Ursula Gomez
10.00am	Jun Relunia Joe Tabone	Claire George Pio George Vincent George	Maria Varua	Liza Alimangohan	Arnel Alimangohan Carol Gillus	Jane Chifley	Sharon Clarke
6.00pm	Aish Sebastian Margaret Cobden	Angelo Aish	Natasha Joseph	Caroline D'Mello	Lynda D'Lima Kathryn Wrightson	BNP Youth	BNP

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2022 | Cambridge Park, Kingswood & Werrington
2021 | Cambridge Park and Kingswood
2021 | Penrith and Werrington
2020 | Cambridge Park, Kingswood & Penrith
2019 | Kingswood

Multi Award Winning Agency | SUBRUB WINNER

2023 | Cambridge Park and Penrith
2022 | Cambridge Park, St Marys and Werrington
2021 | Cambridge Park, Kingswood & Penrith
2020 | Cambridge Park and Penrith
2017 | Claremont Meadows

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✉ gizzellepowell@remax.com.au 📍 233 High Street, Penrith, NSW



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