



# St Nicholas of Myra Catholic Parish



**16TH SUNDAY IN ORDINARY TIME - YEAR B**  
**18 JULY 2021**

Tel: (02) 4721 2509 | Website: [www.stnicholasofmyra.org.au](http://www.stnicholasofmyra.org.au) | P O Box 1868, Penrith 2751 |

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## PARISH OFFICE

Office Hours 9am - 5 pm  
Lunch 1pm – 1.30pm (*Office closed*)

### PARISH STAFF

**Parish Priest:** Fr Joe Manjaly E: [joe@stnicholasofmyra.org.au](mailto:joe@stnicholasofmyra.org.au)  
**Asst Priest:** Fr Jessie Balorio E: [jessie.balorio@parracatholic.org](mailto:jessie.balorio@parracatholic.org)  
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**Sacramental Coordinator:** Rodney Howard E: [sacramental@stnicholasofmyra.org.au](mailto:sacramental@stnicholasofmyra.org.au)  
**Catechists:** Fred Keuneman E: [catechist@stnicholasofmyra.org.au](mailto:catechist@stnicholasofmyra.org.au)  
**Volunteer Admin Support:** Margaret Cobden & Ursula Gomez

### PARISH EMERGENCY NUMBER: 4732 3039

During this Pandemic time **Craig Walsh** is our Health & Safety Coordinator. Contact 0428 284 568

**Nepean Hospital Chaplain:** Fr Porathur Joy (PJ)

**Deacon:** Wilfredo (Willy) Limjap

**RCIA Coordinators:** Ina & Norm Heffernan  
[inanorm@optusnet.com.au](mailto:inanorm@optusnet.com.au) Ph: 4732 1751

## PARISH SCHOOLS

St Nicholas Primary Principal : Ms Anita Knezevic Ph; 4752 3300  
St Mary Mackillop Primary Principal : Mr Scott Buchan Ph; 4724 3200



Please read our Covid-19 Safety guidelines on Page 3.

## GOSPEL REFLECTION © Greg Sunter

Fifty years ago the word 'stress' was only ever applied to materials like steel and the wings of planes. But since then, along with 'pressure', it has first crept into our language and more lately become an everyday term. Everyone experiences stress now. You can even hear Grade One students talk about the stress they're under at school! Perhaps it's the ever-growing pace of life or an innate competitiveness but pressure and stress have become part of daily life for most people in the so-called civilised world. Although he may never have used the words 'stress' or 'pressure', Jesus knew all about the demands of ministry with other people. When the disciples returned from their first efforts away from Jesus he knew that they needed some time out to debrief, to pray and to re-energise themselves. He ordered them all into a boat and they headed for a lonely place where they could be by themselves and rejuvenate. Jesus recognised the importance of taking time out. If you are engaged in a vocation or ministry that sees you meeting the needs of others, you need some time out to reflect on your experiences; time to hold those people up to God in prayer; time to make sense of your work and the interactions you've shared; time to simply recharge your batteries so that you can once again give fully of yourself.

### Questions for Adults

- Q. What experiences have you had of engaging in reflection / prayer / meditation?
- Q. Where do you find it convenient / appropriate / helpful to take reflective time?
- Q. What impact can be made by taking time out of a busy life to reflect and pray?
- Q. How can you better create time for quiet and reflection?

## ONLINE MASSES

Due to stay-at-home orders from the NSW Government, all church buildings, adoration chapels and other buildings used for prayer and religious services are closed. Masses will be live streamed on our Facebook page (@SNOMPenrith) on:

- Monday—Friday at 9.30am
- Saturday at 9.00am and 6.00pm (Vigil)
- Sunday at 10.00am

## WHATS HAPPENING IN RCIA

The Gospel – **The 17th SUNDAY in ORDINARY TIME**

John 6:1-15

Except for the Resurrection, the multiplication of loaves is the only miracle told in all four Gospels.

John's version of the Loaves and Fishes story is important because it is the only one in which the gift offered comes from a child. Certainly, in the time of Jesus the food the young boy offered was a real sacrifice.

The significant point here is that the little boy surrendered his meagre gifts to Christ, and at the heart of the story is the inferred invitation for us to surrender our gift - **the gift of our lives** to Christ and be open to the miracles God can do in and through us. That's what God wants from each of us: to have faith and to trust completely - to give the gift of our lives to him. The real teaching here is that Jesus is the true source of nourishment for our lives. Our primary purpose as Christians, is to have the same compassion that Jesus did. When we see the poor, the needy, the hungry, and are moved with compassion, then we must follow Jesus' instructions: "**Give them something to eat**". We may not have much, but we may have more than the needy.

The story can also be seen as preparing for the miracle of the Eucharist. The Eucharist that we celebrate and is central to who we are as Catholics is also about giving, about loving, and about sharing. To human eyes, in the Eucha-

rist, one sees bread and wine but **with the eyes of faith we see the Body and Blood of Jesus.**

### **OUR GOSPEL REFLECTION AND QUESTIONS TO THINK ABOUT:**

*We see God's miracles in all aspects of our lives. There are signs of God working and intervening in our lives, and yet, when we are all alone, we can sometimes find ourselves asking: "God, are you real? Is there really a God, a personal God, who watches over and participates in my life?"*

✠ Despite having seen God's miracles day by day, do I still question God's existence and intervention in my own life.

✠ Does this ring in a bell in me? Do I sometimes think this way? Seeing miracle after miracle in the lives of others, but then when it comes to me and my own life, I question and doubt God's miraculous goodness?

✠ How does this make me feel?

### **For more information about joining the Catholic Church:**

Ina & Norman Heffernan  
4732 1751  
inanorm@optusnet.com.au

## PRAYERS FOR OUR COMMUNITY

**RECENTLY DECEASED** : Eva Baulch, Peter Charles Pracy, Elisabetta Catanea, Heather Hort, Luzmilda Ponce-De-Leon, Max Baker, Eliana Gabriela, William Maxwell Hawkins, Augusta Pante & all those who have died from COVID-19.

**DEATH ANNIVERSARIES** : Anne Tucker, Joseph Chandy, Enrique Anda, Rita Cloras, Henry Nyss & all the Holy Souls in Purgatory.

**DECEASED** : Tania Felice, John Nettar, Dennis Bryant, Ron Howe, Margaret Mary Sullivan, Barry Wilson, Anesia Catubigan & all the Holy Souls in Purgatory.

**SICK** : Natasha Sullivan, Easter Kalotay, Lyn O'Hare, Chris Ropati, Daryl Young, Jose Catubigan Sr. Gail Beevor, Tu Tran, Elenita & Lolyn Velayo, Ann & Raymond Thompson, Suzan K. Ferreira, Rebecca Hackney, Terry Donnelly, Olivia Evans, McEwen Pereira, Georgina Rastegorac, Baby William Martines, Ricardo Azores, Romas Levers, Yvonne Kore, Allen & Jackie Cullen, Flordeliza Villanueva, Charlie Camenzuli, Virgilio Cruz, Alexander Diana, Suzan K. Ferreira, Bernadette Garcia, Danilo Monilla, Henry Duffy, Filippa Borg, Nina Muscat, George Bell, Magi Gahli, Carmela Dimunno, Mildred Fitzgerald, Jaime Calero, Theresa Jordan, Jane McCann, Lauren and all who suffer from COVID-19.

## PARISH ANNOUNCEMENTS

*Parish Picnic to Mudjee* Due to the 'Stay at Home' orders in NSW this trip is postponed. An update will be communicated in due time.

*Baptisms, Altar Server Training and Other Meetings* Due to the 'Stay at Home' orders all Baptisms, Baptism preparation sessions, Welcome Masses, Altar server training and all other meetings on our Church grounds are postponed until further notice.

*Adult Confirmation* If you or someone you know, who has received the Sacraments of Baptism and Eucharist and is over 16 and wants to receive the Sacrament of Confirmation, please contact the Sacramental Coordinator for further information.

*SVDP Youth program* The 2021 edition of the **Mini Vinnies Formation Program (MVFP)** for students in Years 4 – 6 is available for those who wish to undertake Social Justice Formation in their own time. For more information please go to <https://bit.ly/VinniesMVFP>

## An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

## ONLINE PLANNED GIVING

*We are grateful for your stewardship during these difficult times*

### FIRST COLLECTION *goes to the Clergy*

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### SECOND COLLECTION *goes to the support of the Parish*

BSB 067 950  
Acct No 00000487  
Acct Name Penrith St Nicholas Catholic Church  
Reference [ENVELOPE N# OR SURNAME]

## COVID-19 SAFETY



- Due to stay-at-home orders from the NSW Government, all church buildings, adoration chapels and other buildings used for prayer and religious services are closed. Public Masses have ceased. Please join us online on Facebook @SNOMPENrith. Mass times are Mon-Fri at 9.30am, Sat at 9am, Sat Vigil at 6pm and Sun 10.30am
- For those who do not have online access, **Mass for You at Home** airs on Channel 10 and WIN at 6am each Sunday, and also on Aurora (Foxtel Channel 173) at 10am.
- Parishioners are advised to contact the Parish via telephone or email for any pastoral needs.

## PARISH ROSTER 24/25 JUNE

*The Stay at Home orders have been extended to Friday the 30th July. The roster is suspended until that time.*

## DIOCESAN ANNOUNCEMENTS

### 'The Well' offers spiritual nourishment during lockdown

Need some inspiration and spiritual encouragement during lockdown? Why not check out The Well? The Diocese's 'on demand' streaming site has a tonne of video and prayer resources for you to explore and engage with during this difficult time. Check it out on [www.thewell.org.au](http://www.thewell.org.au)

### Manage your Fertility Naturally!

Are you looking for a natural effective method to manage your fertility? Are you trying to achieve pregnancy? Are you breastfeeding and looking for a natural way to space your children? **Natural Fertility Services – Diocese of Parramatta** might just have the answers you're searching for. For more information, or to book an appointment, contact Catherine on 0400 427 605 or [catherinebourne@parra.catholic.org](mailto:catherinebourne@parra.catholic.org) or visit [www.parralmf.org.au](http://www.parralmf.org.au)

### Social Justice COVID-19 Food and Toiletries Drive

Jesuit Refugee Service and House of Welcome are dealing with a 400% increase in emergency assistance calls and are needing to feed over 1,000 people facing destitution each week. You can help by running a food and toiletry drive or donating yourself. Find more information at [parracatholic.org/diocesanfooddrive](http://parracatholic.org/diocesanfooddrive).

**Office for Worship Liturgical Ministry Formation Course** The Liturgical Ministry Formation Courses will be running a second time in August. This is formation for anyone interested in serving in the Liturgical Ministries of Readers, Extraordinary Ministers of Communion and Communion to the Sick and Dying and Ministers. If you are interested or would like more information, please contact the Office for Worship on (02) 8838 3456 or [anne.alimangohan@parracatholic.org](mailto:anne.alimangohan@parracatholic.org); or download the August 2021 enrolment form via [officeforworship.org.au](http://officeforworship.org.au)

### National Catholic Men's Gathering: 31 July

The National Catholic Men's Gathering for 2021 will be launched online on Saturday 31 July. Join a diocesan group with your Bishop, or with your Men's Ministry/Parish group or individually. Three sessions will be provided online, along with reflection questions for group discussion or individual reflection. The gathering aims to inspire and encourage all Catholic men with a vision for personal discipleship, service and mission in the family, parish/diocese and the world. Register for free at [www.catholicmensgathering.com.au](http://www.catholicmensgathering.com.au)

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For enquiries please contact Jacinta on [manager@stnicholasofmyra.org.au](mailto:manager@stnicholasofmyra.org.au).

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