



# St Nicholas of Myra Catholic Parish



**15TH SUNDAY IN ORDINARY TIME - YEAR B**  
11 JULY 2021

Tel: (02) 4721 2509 | Website: [www.stnicholasofmyra.org.au](http://www.stnicholasofmyra.org.au) | P O Box 1868, Penrith 2751 |

**facebook** @SNOMPenrith

## PARISH OFFICE

Office Hours 9am - 5 pm  
Lunch 1pm – 1.30pm (*Office closed*)

### PARISH STAFF

**Parish Priest:** Fr Joe Manjaly E: [joe@stnicholasofmyra.org.au](mailto:joe@stnicholasofmyra.org.au)  
**Asst Priest:** Fr Jessie Balorio E: [jessie.balorio@parracatholic.org](mailto:jessie.balorio@parracatholic.org)  
**Office Manager:** Jacinta Ortiz E: [enquiries@stnicholasofmyra.org.au](mailto:enquiries@stnicholasofmyra.org.au)  
**Admin Assistant:** Mary Goh E: [reception@stnicholasofmyra.org.au](mailto:reception@stnicholasofmyra.org.au)  
**Sacramental Coordinator:** Rodney Howard E: [sacramental@stnicholasofmyra.org.au](mailto:sacramental@stnicholasofmyra.org.au)  
**Catechists:** Fred Keuneman E: [catechist@stnicholasofmyra.org.au](mailto:catechist@stnicholasofmyra.org.au)  
**Volunteer Admin Support:** Margaret Cobden & Ursula Gomez

### PARISH EMERGENCY NUMBER: 4732 3039

During this Pandemic time **Craig Walsh** is our Health & Safety Coordinator. Contact 0428 284 568

**Nepean Hospital Chaplain:** Fr Porathur Joy (PJ)

**Deacon:** Wilfredo (Willy) Limjap

**RCIA Coordinators:** Ina & Norm Heffernan  
[inanorm@optusnet.com.au](mailto:inanorm@optusnet.com.au) Ph: 4732 1751

## PARISH SCHOOLS

St Nicholas Primary Principal : Ms Anita Knezevic Ph; 4752 3300  
St Mary Mackillop Primary Principal : Mr Scott Buchan Ph; 4724 3200



*No bookings required to attend Mass. We are able to accommodate 1 person per 2 square meters in the Church. Please observe social distancing. Read our Covid-19 Safety guidelines on Page 3. **NOT APPLICABLE DURING LOCKDOWN***

## GOSPEL REFLECTION © Greg Sunter

This account of the sending out of the twelve disciples appears in all three of the synoptic gospels (Matthew, Mark and Luke) and so originates from the Gospel of Mark. It is a commissioning of the disciples to spread the ministry of Jesus – teaching, healing and casting out demons. It seems rather harsh conditions under which Jesus sends out his disciples. They are to carry nothing but a staff – a walking stick – and to trust completely to the hospitality that they will encounter. For the disciples going out on their mission, it is a challenge to their faith and their trust that God will provide for them. The act of sending out the disciples can also be seen as a challenge to the towns and people that the disciples visited. A challenge for them to fulfil their duty of hospitality – of welcoming the stranger and caring for those in need. By travelling without a ‘fallback position’ the disciples are utterly at the mercy of those they encounter but there is an implicit demand on the other to extend hospitality to the one who seeks it.

### Questions for Adults

- Q. What does this gospel say about missionary activity?  
Q. What aspects of the gospel are challenging for your own life / lifestyle?

- Q. Why were the disciples instructed to rely on the hospitality of those they met?  
Q. What is the importance of ‘going out in pairs’ when undertaking mission and ministry?  
Q. With what ministry of the Church could you become more involved?

## ONLINE MASSES

During the lockdown, there will be no public Masses. Masses will be live streamed on our Facebook (@SNOMPenrith) page on:

- Monday—Friday at 9.30am
- Saturday at 9.00am and 6.00pm (Vigil)
- Sunday at 10.00am

*The parish office is open Monday to Friday from 9.00am to 5.00pm for emergency pastoral needs only.*

## WHATS HAPPENING IN RCIA

The Gospel – **The 16th SUNDAY in ORDINARY TIME**

Mark 6:30-34.

**There are two lessons in this Gospel: the need to make time to be quiet and reflect, and time to be aware and respond to the needs of others.** In the first part Jesus' compassion for his disciples comes to the fore, then his realisation of the needs of the crowd.

In our society, with the ever-increasing pace of life, more and more of our time is taken up by the demands of family and friends, work, and our social groups. This is especially true when we have skills and abilities that appeal to these groups. It seems the more we have to offer, the more people want from us. Taking time to relax and reflect is vital to our personal development and growth - our becoming 'fully human'. **Making time for ourselves is not a luxury or an indulgence, but a necessity.** God delights in our creativity and accomplishments and, like any loving parent, is pleased when we let go and rest in His presence. Jesus was never controlled by the demands of others, or by an ego-centred selfishness. He reacted to genuine need, not to demands or wants. His actions were based on truth, love, and justice.

To be an effective disciple, we too need to work earnestly at breaking down the barriers of division - to eliminate prejudice and work at becoming one family.

The most complimentary thing that can be said of any of us, is that we are a maker of peace; someone who breaks down

### PRAYERS FOR OUR COMMUNITY

**RECENTLY DECEASED** : Elisabetta Catanea, Heather Hort, Luzmilda Ponce-De-Leon, Max Baker, Eliana Gandarillas, Peter Pracy, Mildred Bugden & all those who have died from COVID-19.

**DEATH ANNIVERSARIES** : Olga & Inacio Moniz, Fausta Da Costa, Michael Bartley, Paul & Gino Vassallo, Joseph Lusch, Gloria Jones, Hugh Keavy, Chammy Micua & all the Holy Souls in Purgatory.

**DECEASED** : Tania Felice, John Nettar, Dennis Bryant, Ron Howe, Margaret Mary Sullivan, Barry Wilson, Anesia Catubigan & all the Holy Souls in Purgatory.

**SICK** : Natasha Sullivan, Easter Kalotay, Lyn O'Hare, Chris Ropati, Daryl Young, Jose Catubigan Sr., Gail Beevor, Tu Tran, Elenita & Lolyn Velayo, Ann & Raymond Thompson, Suzan K. Ferreira, Rebecca Hackney, Terry Donnelly, Olivia Evans, McEwen Pereira, Georgina Rastegorac, Baby William Martines, Ricardo Azores, Romas Levers, Yvonne Kore, Allen & Jackie Cullen, Flordeliza Villanueva, Charlie Camenzuli, Virgilio Cruz, Alexander Diana, Suzan K. Ferreira, Bernadette Garcia, Danilo Monilla, Henry Duffy, Filippa Borg, Nina Muscat, George Bell, Magi Gahli, Carmela Dimunno, Mildred Fitzgerald, Jaime Calero, Theresa Jordan, Jane McCann, Lauren and all who suffer from COVID-19.

the barriers of division and unites people through love and reconciliation. This happens when we, through Jesus, and the Holy Spirit open ourselves through prayer to the love of the Father.

**OUR GOSPEL REFLECTION AND QUESTIONS TO THINK ABOUT:**

*Escape and relax. Don't those words sound inviting? There are times and places when those words mean more than vacation - they mean prayer. Prayer is not mere work, nor is it a chore, it is an encounter with the Lord.*

- ✠ Recall a special quiet time when you were aware of the Lord's presence. What made it so special?
- ✠ What places and times invite you to spend time with the Lord?
- ✠ Reflect quietly on times when you have not responded to the needs of others because you were too busy or tired or too involved in your own pursuits.  
How does this make you feel?

**For more information about joining the Catholic Church:**

Ina & Norman Heffernan 4732 1751

inanorm@optusnet.com.au

### ANNOUNCEMENTS

***The following events are subject to COVID-19 restrictions. In the case of lockdown, these events will be rescheduled.***

*Parish Picnic to Mudgee* Fr. Joe is arranging a tour to Beautiful Mudgee on **July 27<sup>th</sup> & 28<sup>th</sup>**. The bus will leave at 8.30 am on 27<sup>th</sup> July and will be back at 4.30 pm on 28<sup>th</sup> July. The trip includes breakfast, drinks, snacks. Lunch and dinner is not included as part of the package. The trip will cost in twin share basis :

group of 30-39 people- \$175.00;  
group of 40-47 people- \$160.00 and  
group of 48-53 people- 150.00 ;  
single room supplement-\$250.00.

There are currently 32 people attending. Please pay a deposit of \$100 at the time of the booking.

*Altar Server Training* We are seeking the support of our boys and girls who have completed the sacrament of Eucharist to consider being an Altar Server. Altar serving is an important Ministry in the Catholic Church. It is such a humble and reverent way of contributing to the Mass. The training sessions will be conducted on **Thursday 22 July, 29 July & 5 Aug from 4pm to 5pm** at the Church. *All enquiries to Rodney Howard at the Parish Office .*

*Adult Confirmation* If you or someone you know, who has received the Sacraments of Baptism and Eucharist and is over 16 and wants to receive the Sacrament of Confirmation, please contact the Sacramental Coordinator for further information.

## An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

## ONLINE PLANNED GIVING

*We are grateful for your stewardship during these difficult times*

### FIRST COLLECTION goes to the Clergy

**BSB** 067 950  
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### SECOND COLLECTION goes to the support of the Parish

**BSB** 067 950  
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**Acct Name** Penrith St Nicholas Catholic Church  
**Reference** [ENVELOPE N# OR SURNAME]

## PARISH ROSTER 17/18 JUNE

**Please Note: The roster is not applicable during a COVID-19 lockdown**

The July—August roster is now available for pick up in the Sacristy. You will notice that a Minister at the Altar will scaffold an experienced Acolyte/Senior Server for the next few months. The roster has also been emailed to all who have provided their email address. If you are unable to fill your roster, please organise a replacement. Thankyou

Those listed here are classified as 'Essential to the Liturgy'

<b>[VIGIL]</b> Acolyte : B Scott, J Hogan	<b>Altar Server:</b> L and R Smee
<b>Reader:</b> E Sicam	<b>Comm. Rep:</b> C Limjap
<b>Eucharist Minister :</b> D Scott, F Keuneman, J Fullerton	
<b>Music:</b> Amen Choir	<b>AV:</b> T & M Perera
<hr/>	
<b>[7.00 A.M.]</b> Acolyte : D Wiggins, E Sajonia	
<b>Reader:</b> M Scicuna	<b>Comm. Rep:</b> S Paterson
<b>Eucharist Minister :</b> L Davie, R Bru	
<b>AV :</b> Volunteer needed	
<hr/>	
<b>[8.30 A.M.]</b> Acolyte: J Simeon, M Cobden	<b>Altar Servers:</b> G Peters, M Tickner
<b>Reader:</b> O Plucinski	<b>Comm. Rep:</b> S Von Bock
<b>Eucharist Minister :</b> E Isaaks, P Wheller, C Wright	
<b>Music:</b> J Mizzi	<b>AV:</b> Tuckers
<hr/>	
<b>[10.00 A.M.]</b> Acolyte : J Tabone, M Gutierrez	<b>Altar Server:</b> V & V Rodrigo
<b>Reader:</b> L Gal	<b>Comm. Rep:</b> Alan Johnson
<b>Eucharist Minister :</b> C Vella, A Alimango, C Nepomuceno	
<b>Music:</b> BNP Chapter	<b>AV:</b> Jedd Kosman
<hr/>	
<b>[6.00 P.M.]</b> Acolyte : S Aish, N Nepomuceno	<b>Altar Server:</b> A Aish
<b>Reader:</b> E Marshall	<b>Comm. Rep:</b> F Jackson

## COVID-19 SAFETY (NOT APPLICABLE DURING LOCKDOWN)

- Masks are mandatory in places of worship.
- Singing by the congregation is not permitted.
- We are currently using the social distance of one person per 4 square meters. This excludes essential persons to the Liturgy.
- Those who have visited a recent hotspot, who are feeling ill, or who have symptoms of fever, cold, dry cough or sore throat should not come out to attend Mass but watch our Facebook live stream Mass at 10am on Sundays. (@SNOMPenrith)
- Upon arrival please scan the Service NSW QR code outside the church or see the Door Volunteers who will take your details electronically - these will be kept confidential- but are necessary in case anyone contracts the virus.
- Ministers/volunteers who are essential to the Liturgy must arrive and sign on at least 15 minutes before Mass starting.
- Please sanitize your hands as soon as you enter the church.
- Once we have reached maximum capacity or the Mass has started, there will be no entry into the Church. Parishioners can choose to remain socially distanced outside whilst listening to Mass and receive communion outside.
- Groups of 5 or more are to sit in the smaller pews, please follow the directions of the volunteers to socially distance. There is no standing permitted.
- Those who enter a pew first should occupy the central seat, starting from the front pews of the church, so that others who come after you will be able to occupy the aisles while observing social distancing.
- The sign of peace will be exchanged without physical contact.
- A Eucharistic Minister or Priest will come to your pew to distribute Holy Communion. Please remain in your pew and stand as the Blessed Sacrament approaches.
- Wardens have resumed taking up the 1st and 2nd collection. The collection baskets now have long handles to minimise contact. Thank you for your stewardship.
- As you prepare to exit the church please exit starting with the rows that are closest to the entrances.
- Please do not congregate in large groups outside the Church.
- There is a separate QR Code for the Church, Hall and Parish Office. You must sign in to those areas, each time you enter.
- The obligation to participate in Sunday Mass is still lifted.



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