



# St Nicholas of Myra Catholic Parish



*Eight Sunday in Ordinary Time - Year C*  
3rd March 2019

Grounded in Faith

Growing in Love

Living in Hope

\* Tel: (02) 4721 2509

\* Website: [www.stnicholasofmyra.org.au](http://www.stnicholasofmyra.org.au)

\* P O Box 1868, Penrith 2751

## Parish Staff

Fr Joe Manjaly MS - Parish Priest : [joe@stnicholasofmyra.org.au](mailto:joe@stnicholasofmyra.org.au)

Fr Sayed Kozhaya - Priest in Assistance

Fr Porathur Joy (PJ) Catholic Chaplain - Nepean Hospital

Lyn Olander - Secretary / Office Manager : [enquiries@stnicholasofmyra.org.au](mailto:enquiries@stnicholasofmyra.org.au)

Ursula Gomez - Admin. Assistant : [bulletin@stnicholasofmyra.org.au](mailto:bulletin@stnicholasofmyra.org.au)

Mary Goh - Admin. Assistant : [reception@stnicholasofmyra.org.au](mailto:reception@stnicholasofmyra.org.au)

Colleen Nicholas - Sacramental Co-ordinator **Monday & Thursday only** : [sacramental@stnicholasofmyra.org.au](mailto:sacramental@stnicholasofmyra.org.au)

Fred Keuneman - Catechist Co-ordinator : [catechist@stnicholasofmyra.org.au](mailto:catechist@stnicholasofmyra.org.au)

## Weekend Mass

**Saturday** 6.00pm Vigil

**Sunday** 7.00am 8.30am 10.00am 6.00pm

## Weekday Mass

**Monday** 9.30 am

**Tuesday** 6.45 am & 9.30 am

**Wednesday** 9.30 am & 7.00 pm

**Thursday** 9.30 am

**Friday** 6.45 am & 12.10 pm

**Saturday** 9.00 am

**Healing Mass** 9.00am 1st Saturday of month

**Filipino:** 11.00am 1st Saturday of month

## Office Hours 9am - 5 pm

Lunch 1pm - 1.30 pm (Office closed)

### Reconciliation:

**Saturday** 9.30am - 10.30am

5.00pm - 5.45pm

**Adoration:** After Saturday Morning Mass

**Baptisms & Marriages by appointment only**

**Marriage Prep courses can be booked at Parish Office.**

### Schools

**St Nicholas Primary**

**4752 3300**

**Principal**

**Ms Anita Knezevic**

**St Mary Mackillop Primary**

**4724 3200**

**Principal**

**Mr Scott Buchan**

Dear friends in Jesus Christ,

This weekend is the 8th Sunday in ordinary times in the liturgical calendar, we are entering into the season of Lent. This Wednesday, we celebrate Ash Wednesday and we are asked to devote ourselves to seek the Lord in prayer, to service by giving alms and to practice self-control through fasting. This way, we become closer to God and one another and grow as a faith community.

**Prayer:** prayer is rising on one's mind and heart to God. The three expressions of prayer are: vocal prayer, meditation and contemplative prayer. Vocal prayer may be spoken/sung; mental prayer can be either meditation/contemplation. The basic forms of prayer are praise, petition, intercession and thanksgiving.

**Fasting and Abstinence:** The purpose of fasting and abstinence is spiritual focus, self-discipline, imitation of Christ and renewal. Through our fasting and abstinence, we incorporate our small suffering and sacrifices to the Lord's own suffering and sacrifices and thus get renewed in our spiritual life.

**Almsgiving:** Jesus presented almsgiving as a necessary part of Christian life: "when you give alms, sound no trumpet before you, as the Hypocrites do in the synagogues and in the streets, that they may be praised by men. Truly, I say to you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing." (Mt 6:2-3)

I hope, we can try to be generous during this season of Lent from our Sacrifices to support our diocesan charitable works fund done through the Catholic foundation appeal and project compassion boxes from Caritas of Australia to help less fortunate in our country and abroad. *One who is gracious to a poor man lends to the LORD, and He will repay him for his good deed.* (Proverbs 19:17)

As a parish community, during this season of Lent, let us all try what is required of us to grow in love of God and neighbour. Our parish community is offering during this Lent, various programs for us to get closer to God and one another. Apart from our daily Mass, we have Lenten reflection prayer meeting every Monday at 7pm in our PMR, every second Friday we have Divine Mercy after 12.10 Mass, 2<sup>nd</sup> and 4<sup>th</sup> Tuesday evening, prayer meeting at our Parish hall, Stations of the Cross on the evenings of Fridays at 7pm in our church. So please use some of these spiritual activities to grow in love of God and neighbour. Wishing you all a season of Holy Lent!

Sincerely,

Fr Joe Manjaly, MS

## PARISH OUTREACH / DIOCESAN OUTREACH

### **Thornton Park, Penrith - Retirement Living**

Enquiry morning to be held in Parish Meeting Room 1  
On Thursday 14th March at 10am : contact Margaret  
Sullivan 1800 958 003 Brochures in foyer of church.

### **St Nicholas Festa Committee Fete**

Date : Sunday 10th March, 2019 at 1.30 pm  
Venue: Good Shepherd Parish Hall  
Address: 130-136 Hyatts Road, Plumpton  
See Notice board in Foyer for further details.

### **You are called to Mission**

Communities in Myanmar, PNG, Samoa, Timor Leste,  
Kiribati and Kenya seek volunteers to mentor locals and  
build capacity. These assignments are not quick fixes.

**Overseas Catholic communities** are inviting you to  
**immerse yourself** for 1 to 2 years.



If you have teaching,  
medical, business, admin or trade skills, you can give  
opportunity by **sharing them with our global family!**

Come to the **Palms Info Session:**

**Thursday March 21<sup>st</sup> @ 5:30pm**

**Aquinas Academy**

**141 Harrington Street**

**THE ROCKS, SYDNEY**

### **Parish Mission Event : Holy Spirit Parish St Clair**

2-5 April 2019. Bruce Downes

4 inspiring sessions : 10 AM to 7.30 pm

Notice in Foyer of Church

### **Hospital & Nursing Home Masses**

- ◆ **Governor Phillip Manor** 1st Wednesday of each month at 2pm
- ◆ **Mountain View Village** 1st Friday of each month at 10am
- ◆ **Nepean Hospital** every Friday at Midday
- ◆ **Summit Care (Jamison Gardens)** 3rd Wednesday of each month at 10.30am
- ◆ **Newmarch Nursing Home** 3rd Tuesday of each month at 10.30am
- ◆ **Lemongrove Gardens** 1st Tuesday in March, May, July, September, November.
- ◆ **Edinglassie Lodge** 1st Tuesday in April, June, August, October, December

### **Enrolments for 2020**

#### **McCarthy Catholic College**

75 Mackellar Street, Emu Plains

#### **Open Evening: Tuesday 19 March 2019**

5.00pm to 8.00pm

- Meet the Principal, staff and student leaders
- Tours of the College facilities
- Enrolment packages available
- Presentations at 5.15pm, 6.00pm and 6.45pm

Enquiries: 4728 8100

Like us on Facebook: McCarthyCC

Website: [www.mccarthyemuplains.catholic.edu.au](http://www.mccarthyemuplains.catholic.edu.au)

#### **St Dominic's College**

54-94 Gascoigne St Kingswood

- Open Day—Sunday 3rd March
- 10am morning session starts
- 12.30 afternoon session

**Please see notice board for further details**

**Phone 4731 1933**

#### **St Nicholas of Myra School**

Applications are currently being taken for  
Kindergarten Enrolment 2020 at St Nicholas of Myra  
School.

School Tours are being conducted on Monday 4 March  
at 4pm and 6pm.

Come along and check out your local Catholic  
primary school.

Any enquiries please contact the school office on  
4752 3300 or email [stnicholas@parra.catholic.edu.au](mailto:stnicholas@parra.catholic.edu.au)

### **Volunteers Urgently Needed for Visiting Residents of Aged Care Facility**

Are you interested in visiting an elderly person in a nursing home who has no or very few visitors? This service is organised through CatholicCare. You would visit on average once every two weeks with CatholicCare providing training and other support. After talking with you about your interests, we will match you with a resident in a nursing home within approximately 10km of your home. The visit is entirely within the nursing home – you do not take the person on outings or shopping etc. For more information, contact Deb Woolacott on 0418 114 055.

### **Young Adults Social Justice Night of 2019**

**27 March, 2019 : 6.30 pm**

**Mad Mex, 285 Church Street, Parramatta.**

Expert speakers on homelessness, developing our knowledge through experiential activities, discussing ideas and brainstorming action over a shared meal. All young adults (18-30) are welcome.

Please see flyer in foyer for more details.

## PARISH OUTREACH

**Catholic Foundation Appeal** will take place at all Masses this week end. Our quota is \$13,811.00 The Ephpheta Centre, supported by the Parramatta Catholic Foundation, gives hope, compassion, connectivity and care to the deaf and hard of hearing.

Your kind-hearted support will provide chaplaincy and pastoral care for the vulnerable and isolated, in homes, hospitals, prison and aged-care facilities.

Please be a channel of hope and give generously via the Appeal envelopes.

### **Sacrament of First Reconciliation**

Family Sessions for First Reconciliation will commence in the Parish Hall on the weekend of 16<sup>th</sup> March at 4.45 pm followed by 6 pm Mass or 17<sup>th</sup> March at 8.45 am followed by 10 am Mass.

At least one parent must attend with your child.

### **Young at Heart Morning Tea**

will be next Wednesday

6th March at 10am, in PMR 1, please encourage those that may be interested in attending. New Young at Heart members are very welcome.



**Please pray for** Frances Barrett, Tony Beukers, Judith Field (Judith's funeral is on Thursday 7th at 11 am) Mark Herrick (Mark's funeral is on Monday 4th at 1.30 pm) Liwayway Quirante, Arthur Rosario, Allan Tipton and Angela Whittingham **who died recently** and for Miguel Dias, Yuzefa & Arkadi Milanovich, Alex Sarkany, Jaime Tuite and Betty Winmill **whose anniversaries occur at this time and for** Elizabeth Aplacador, Mary Armstrong, Dennis Bryant, Jose Deguzman, Peggy Dowling, Tania Felice, Peter & Frances Hendry, Maria Kukac, Reg Levinge, John Nettar, Carmen & Gerald Sultana and Norah & Bernard Wilding.

**Please pray for sick :** Darren Gallagher, Milly Gallagher, Jane McCann, Rita O'Malley, Amani Nemattala and Anthony Pace.

**Please note :** If you want a family member's name to be entered in the sick list for 2019, could you please contact the office after permission has been given by the person.

If in need of a Catholic Chaplain whilst a patient is in hospital phone **47343150** or requiring a Priest urgently for an anointing phone **47342000** and request switch board or the nurse on duty to contact the Catholic Priest.

### **Acolytes, Senior Servers, Eucharist Ministers of Holy Communion, Readers/Commentators**

Fr Joe has called a meeting for the 26th March at 7pm in the Church. This meeting is of high importance for the smooth flow of the Eucharist and you are urgently requested to attend. If unable to attend please inform the coordinators of your ministry. (John Sweeney, Acolytes, Mairead Stynes, Eucharist Ministers/Readers/Commentators).

### **Parish Roster 9/10 March**

**Vigil :** Acolytes : M Tolentino, D Welfare

**Altar Servers :** G Nemadic

**Comm. Rep :** K Smith **Reader :** C Limjap

**Eucharist Ministers:** I Bentham, F Keuneman, A Linga

**7 am :** Acolytes : A Ruzgas

**Altar Server :**

**Comm.Rep :** J French **Reader:** H Ryan

**Eucharist Ministers :** L Davie, L Lufe

**8.30 am :** Acolytes : J Jordan, R Wood

**Altar Servers :** L & E Loughland-Larsen, B Payyappilly

**Comm. Rep :** R Walsh **Reader :** F Jackson

**Eucharist Ministers :** Y Baccan, R Bryan, G Burns, U Gomez  
B Keavy, S McCormack, P Wheller

**10 am :** Acolytes : J Simeon, J Tabone

**Altar Servers :** H & J Jacobs, S Perera

**Comm. Rep :** L Gal **Reader :** E Marshall

**Eucharist Ministers :** M Knox, N Perera, P Samuelu

**6 pm :** Acolytes : C Cocksedge, C Pemberton

**Altar Servers :** E Moniz, X Whelan

**Comm. Rep :** C Clark **Reader :** C D'Mello

**Eucharist Ministers :** A Alimangoha, C Vagg, A Yuzon

### **Ash Wednesday 6th March, 2019**

#### **Mass times**

**6.45am : 9.30am : 12.10pm : 7.00pm**

#### **Devotions during Lent**

**Stations of the Cross every Friday at 7 pm**

Prayer Intentions for 8th March :

For Priests and Religious

#### **Lenten Reflection Meetings during Lent**

**Mondays at 7 pm in PMR 1**

**Thursdays at 10am in PMR 1**



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